



# MARLOW AND DISTRICT NEWSLETTER

## AUGUST AND SEPTEMBER 2024



### A MESSAGE FROM OUR CHAIRMAN

I am excited (and a little apprehensive!) to be your new Chairman. First, I want to acknowledge the contribution of my predecessor, Isobel Hopewell, who undertook the role so successfully during what was a very difficult time, beginning with the outbreak of the pandemic. And, more recently, my thanks to Dave Part who acted as Chairman during the last three months.

I have begun to meet a number of individuals and groups within u3a and, of course, your committee members. I have received a lot of support and encouragement from everyone.

My wife and I moved to Marlow 7 years ago and found u3a to be an amazing organisation offering so many possible activities and opportunities to meet people living in the area. I hope this benefit can be enjoyed by everyone who is no longer in full time employment.

We are looking at a number of initiatives. First, led by our Secretary Pauline Pearson, we are revamping our website. It is hoped that this will be up and running later this year, and we'll let you know when it becomes operational.

As previously advised, the defibrillator is now installed at Liston Hall. We hope to organise training sessions very soon (though hopefully it will be an insurance facility which rarely, if ever, is required).

The discussion group, led by Brian Feldon, had become so popular that two more groups have been formed to accommodate all those keen to participate.







The ETT group has recognised the need to assist members who are not comfortable with new technology and to protect them from dangers as they embark on that journey. We are currently looking at ways to offer something to our wider membership based on the pilot course the ETT has already undertaken.

Finally, it looks as though the weather is becoming more like summer! I hope you can enjoy the next months whatever your preferred temperature might be. Most of our activities will continue during July and August, and you can always contact your committee if you need help or guidance. Keep safe and healthy!

**Roger Shipton**

### YOUR COMMITTEE

<b>Roger Shipton</b> Chairman <a href="mailto:chairman@marlowu3a.co.uk">chairman@marlowu3a.co.uk</a>	478968	
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<b>David Part</b> Vice Chairman <a href="mailto:chairman@marlowu3a.co.uk">chairman@marlowu3a.co.uk</a>	711626		<b>Niki Ralfs</b> Joint Groups Convenor <a href="mailto:groups@marlowu3a.co.uk">groups@marlowu3a.co.uk</a>	473377	
<b>Pauline Pearson</b> Secretary and Safeguarding Officer <a href="mailto:secretary@marlowu3a.co.uk">secretary@marlowu3a.co.uk</a>	483717		<b>Barbara Lawrence</b> Membership Secretary <a href="mailto:membership@marlowu3a.co.uk">membership@marlowu3a.co.uk</a>	486734	
<b>Chris Eyles</b> Treasurer <a href="mailto:finance@marlowu3a.co.uk">finance@marlowu3a.co.uk</a>	487295		<b>Helen Glover</b> Joint Groups Convenor <a href="mailto:groups@marlowu3a.co.uk">groups@marlowu3a.co.uk</a>	484074	

## MEMBERSHIP

Welcome to our new members:

Susi Ulph, Magzie Johnson, Gabriella de Turrís, Clive Mills, Marion Saunders, Catherine Day and Brian Voakes.

For any queries regarding membership please contact the membership secretary either by email: [membership@marlowu3a.co.uk](mailto:membership@marlowu3a.co.uk) or phone **486734**

**Barbara Lawrence**



## MONTHLY MEETINGS

Liston Hall 2.30 on the 4th Thursday of the month

**Thursday 25<sup>th</sup> July**

**Howard Slater**

**The Good Old Days**

Many musical styles flourished and combined in the 1940s and 1950s, most likely because of the influence the radio had in creating a mass market for music. World War II caused great social upheaval, and the music of this period shows the effects of that upheaval.

In the early 1940s, bebop emerged. It helped to shift jazz from danceable popular music towards swing music big bands such as Glen Miller, Tommy Dorsey; here in UK, Ambrose, Joe Loss to name a few.

The swing era lasted until the mid-1940s. When the big bands struggled to keep going during World War II, a shift was happening in jazz in favour of smaller groups. Some swing era musicians later found popularity in a new kind of music, called "rhythm and blues", that would evolve into rock and roll in the 1950s. You will learn who was the UK's first and last Rock and Roller, the first Rock and Roll band and who invented the jive. Followed by a musical interlude and a synopsis of the artists.

**Thursday 22<sup>nd</sup> August**

**Monthly Meeting Outing**

**Afternoon tea and talk at St Katherines House, Parmoor, Frieth**

This year we have arranged to have an afternoon tea and a talk at Parmoor. The number is limited to 50/60 and the cost is £20. Arrival time is from 2.30pm which will give you time before tea at 3.15 to explore the grounds and also the walled garden.

Directions from Marlow:

Take A4155 towards Henley. At Platts Garage turn right onto Oxford Road to Bovington Green passing The Royal Oak on your left. Keep on this road for 4.1 miles and at the crossroads turn left (Moor Common)

\*\*After passing Frieth Primary school and village hall, on the right, bear left onto Parmoor Lane. After 0.6 miles the entrance to Parmoor is on your right

Alternately you can take the road to Lane End B482. After passing the Grouse and Ale and the shops turn left into Church Road

Follow this road into Frieth and then follow route as above.\*\*

If interested, please call Jackie Willis on 482181 with your name, mobile phone number and any dietary requirements. Cheques to be made out to **Marlow u3a** which can be brought to the July meeting or sent to Jackie Willis at her address which she will give you when you book

**PLEASE NOTE – ONLY PHONE BETWEEN 10am and 6pm WHEN BOOKING**



## GROUP NEWS

[groups@marlowu3a.co.uk](mailto:groups@marlowu3a.co.uk)

### DISCUSSION

We now have 3 discussion groups and hopefully a fourth starting soon. The two latest are on a Wednesday, the first and second Wednesdays in the month. So, expect another meeting to try and organize a fifth group for those members interested but on a different day.

### SPANISH INTERMEDIATE/CONVERSATION

There are 3 members on the waiting list for Spanish. Is anyone else interested? If so, please contact Helen and Niki on [groupsa@marlowu3a.co.uk](mailto:groupsa@marlowu3a.co.uk) and we will try and form a new group.

If you are having problems joining a group, please email [groups@marlowu3a.co.uk](mailto:groups@marlowu3a.co.uk) and either Helen Glover or Niki Ralfs (the group co-ordinators) will get back to you.

## DAY OUT – KEW GARDENS TUESDAY 3<sup>RD</sup> SEPTEMBER 2024 – £32.00PP

### Light Into Life

This is an art exhibition inspired by nature and science. Seventeen stunning stainless steel and bronze sculptures from leading contemporary artist Marc Quinn are placed around the Gardens and in the Temperate House alongside a presentation of Quinn's new and existing paintings, drawings and evocative frozen works in the Shirley Sherwood Gallery. This not-to-be missed exhibition is only running until the end of September.



**Countrywide Coaches** will take us and the first pickup point will be from Britannia, Bobmore Lane (school side) at 9.30am, second pickup from Spinfield and the third from Liston, (near the entrance to Lidl). The coach drop-off will be at Elizabeth Gate, Kew.

We leave Kew at 4.30pm once again from Elizabeth Gate for our journey back to Marlow. Please make your way to the coach by 4.15pm to avoid delays.

For this trip Sue Mayne is taking the bookings as well as collecting the cheques.



If interested, please call Sue on 485275 with your name, mobile no. and pick-up point. If you have not phoned me before you will be asked to say your name, press the # key and wait for me to accept your call.

Cheques to be made out to – **Marlow u3a** – please write **KEW** on the back – and send to Sue Mayne, 21 Stapleton Close, Marlow, SL7 1TZ or dropped through the letterbox at that address.

**PLEASE NOTE – ONLY PHONE BETWEEN 10am – 6pm BOOKING will open AFTER 5<sup>th</sup> August 2024**

**Sue Mayne and Bernadine Livings**



## A PLEA FROM OUR TREASURER

We have an urgent and heart-felt plea from our Treasurer, Chris Eyles, who, by the sounds of it, has had many sleepless nights, and numerous headaches over ..... **CHEQUES!**

This is a plea to ALL our u3a members. Wherever possible, please use a BACs transfer and tell Chris what the money is for.

There are two accounts, both in the same name: **Marlow and District u3a**, both using the same sort code which is **30-95-36**.

**1. Subscriptions** – use Account Number: **03880859** with your membership number as reference.

**2. Group activities** – use Account Number: **79137168**. As reference, an abbreviation will do, e.g. ETT, FH (Family History), MBURC (Monday Bridge in Marlow URC), or FrBr (Friday Bridge).



If you **HAVE** to write a cheque, please read Chris's instructions on how to write one:

- Write it out in **BLACK** wherever possible, (or dark blue) with a medium ball-point or fountain pen – preferably in capital letters.
- If you make a mistake, tear it up and write a new cheque.
- Check the date on the cheque.
- Write on the back of the cheque what the money is for.

For excursions away from Marlow, cheques are more practical because unforeseen circumstances such as illness may prevent participation (and Chris will not then have to pester the writer of the cheque for their bank details in order to return their money to them).

**Please** write cheques out to **Marlow and District u3a**, or **Marlow u3a** etc.

**On behalf of Chris Eyles**

## DAY OUT TO ST ALBANS 8<sup>TH</sup> MAY



Cathedral – High Altar built in 1484

After our visit last summer, we couldn't miss the opportunity for a return visit. Michael was at the wheel for a smooth, easy journey on a glorious sunny day. A good walk through the park took us to the Verulamium Museum - an attractive new building with well laid out exhibits telling the story of the architectural digs in the 1930s and the lives of the inhabitants of the city. The highlight for us were the beautiful mosaic floors. A building in the park also housed a wonderful mosaic hypocaust floor, of what was once a grand thirty room house. Back into town for a tasty paella from a large shiny food van in the marketplace, after which we enjoyed sitting on a bench listening to a singer with guitar in the sunshine. Time for a bit of shopping and a look around the market before our journey home. St Albans offers an inviting range of shops, a thriving market, a wealth of history, with many listed buildings, a glorious cathedral and much more.

Thank you Sue for taking us on a second visit to this lovely city.

**Linda and Ross Nivens**



## MONTHLY MEETINGS IN LISTON HALL

May

**DAVID LETTS – New Meanings**



It was a thought-provoking, sometimes disturbing, yet inspirational and heartening experience to be amongst the audience for David Lett's motivational, monthly talk at the Liston Hall in May.

As a former teacher and co-founder of New Meaning Foundation, David provided us with original perspectives on familiar, yet complex, situations and everyday challenging scenarios. He particularly guided us through behavioural approaches that he uses, to equip young adults, trying to make their way through the world of work,

His supportive 'no blame' ethos helps, too, with resolving issues of homelessness and providing strategies towards developing life skills, face challenges and manage positive change.

David's energetically lively delivery drew the audience in as he engaged with his u3a members, eager for more. The 'question and answer' discussion took us into exploring and looking for solutions to those problems which just don't go away, of their own accord.

Speaking from his experiences as a psychology graduate, David took us through processes and thought-provoking ways of turning round people's lives when they are seemingly on a pathway to despair, one example being the transfer from Primary to Secondary education when expectations are not met for everyone.

So much of this therapy depends on reinforcing proactive attitudes and developing understanding relationships, looking at problems and attending to their most basic causes, focusing on praise and recognising the real need, then rewarding positive behaviour.

Developmental pathways, through mentored work experience, involvement in vocational training and community enterprise were promoted vigorously by David, for those without formal qualifications, who need practical guidance in their first steps towards a worthwhile career, which enhances, then, in turn, brings opportunities. self-esteem and a place in society.

This kind of social innovation which appreciates the anxieties that confusion, stress, anger, frustration and fear, typifying those who don't fit into the conventional educational model is what David focuses on, in his work, and which he shared with us, in such a short, highly valued space of time.

**Dave Part**

## (Monthly Meetings continued)

### June

#### ALAN BREWER – My Career as an Airline Steward

I suspect that no one attending Alan's talk, about his working career, both in baking and as a chief steward on BOAC, right through to his retirement and first responder role, would ever have imagined how entertaining the afternoon would be.

Naturally, the health and safety preliminary introduction was amusing in its own right and set the tone for an 'Around the World in less than 80 minutes' of absolute hilarity from the experiences of a man who has made a profession of making people feel at ease. As the son of a pub licensee, who became an independent television camera operative, Alan's early working life soon led him to London and the BBC at Great Portland Street, as a trained baker, specialising in patisserie.

In those days, with few, but nationally known 'celebrity' chefs, Alan came to be assisting none other than Phyllis Pechey, who rose to fame, as Fanny Craddock. His style, delivery and timing as a raconteur had the audience howling with laughter, as he described Johnnie's infamously screened, 'double-entendre' 'doughnuts' moment!

Moving to BBC TV allowed Alan to prepare food for Top of the Pops presenters and performers, in a job that would have attracted the envy of many and he went on a career path that was to take him literally 'sky high'.

An opportunity arose to work for BOAC as cabin crew and we were introduced to the popular staff name for the organisation i.e. 'Boys Overseas After Crumpet'. He flew in the 707-320B aircraft and spent 11 years on 'round the world' 3-week tour duties, staying in some of the world's most exclusive hotels.

When he moved onto VC10 aircraft, the 'Hush Puppies', was where his connection with looking after the Royal Family took shape. Following a successful working flight with passengers HRH Princess Anne ('Princess Royal') and her then husband, Capt. Mark Phillips, he was assigned, on recommendation, to be chief steward attached to HM Queen Elizabeth II on a month's tour of Commonwealth countries.

Alan's experience of all kinds of matters, on board, sprinkled with quotes, favourite breakfast items and the royal preferences for what were normal daily essentials, for themselves, was amusingly revealing.

His reminiscences of famous passengers from the world of entertainment, both enriched the talk and produced anecdotes galore about the likes of Tommy Cooper, Joan Collins, Adam Faith, Cliff Richard and Elton John. Visits to no.10 Downing Street followed during the Tony Blair period of government and opportunities to meet world leaders, notably Nelson Mandela.

As the talk moved to more recent years, Alan told us how he had become an NHS first responder in his retirement and drew both audience sympathy when he disclosed that he had been diagnosed with prostate cancer and, subsequently, treated successfully.

Here is a man who has not only led such a full life, drunk at the well of opportunity and had a wonderful career but, when confronting one of life's greatest challenges, has faced it front on and even seen the positives that emerge out of such a personal battle. No wonder that the applause broke the Liston Hall sound barrier!

Dave Part



## FAMILY HISTORY

The family history group meets at 10.00 on the first Thursday of month at Liston Hall and we welcome members.

At our most recent meeting we covered the topic 'ancestors who made me proud'. We heard from members about their family heroes who were fighting in the RAF in Coastal Command in WW2 and from another who was very proud of a relation who had become a bishop.

Do you have any heroes in your family?

### Upcoming meetings:

**Thursday 1<sup>st</sup> August** – no meeting

**Thursday 5<sup>th</sup> September** – 'Wills & Probate' – member, Karen, has prepared a presentation on this topic.

**Thursday 3<sup>rd</sup> October** – 'Beginning Your Family History', a presentation by outside speaker, Debbie Bradley

Adrian Spearman [adrian.g.spearman@gmail.com](mailto:adrian.g.spearman@gmail.com)

## ENGINEERING, TECHNOLOGY AND TRANSPORT (ETT)

The ETT group holds its regular Monthly Meetings on the first Tuesday of Every Month at Christ Church (URC), 18 Oxford Road, Marlow, SL7 2NL commencing at 2.00pm (Doors open from around 1.30pm and there is no admittance after 2.00pm).

### ETT Membership

The Annual Subscription to attend our Monthly Meetings is no longer available, but the ETT still offers a Pay-As-You-Go arrangement (at £3.00) for those who wish to attend on a Month-By-Month basis. Please remember that all payments are now cashless and must be made by Debit or Credit Card. New Members are welcome to come along.

### ETT Monthly Meetings

The meeting for 4<sup>th</sup> June (Bird Flu, Man Flu, Seasonal Flu by Jane Sellwood was particularly interesting and informative as our expert speaker took the audience through various ways that flu, viruses and Covid spread, evolve and mutate. Certainly, our speaker gave us a lot to think about.

Our meeting on 2<sup>nd</sup> July (The Answer is AI, What is the Question by Andrew Barron) was another very illuminating and thought-provoking talk looking at aspects of Artificial Intelligence (AI) and it uses and misuses.

### Programme:

<b>Tuesday 6<sup>th</sup> August</b>	<b>Jesse Hartley – Civil Engineer to the port of Liverpool</b> Harvey Dodgson (Marlow u3a)
<b>Tuesday 3<sup>rd</sup> September</b>	<b>Ophthalmology</b> Dr Mike Adams (Guest Speaker)
<b>Tuesday 1<sup>st</sup> October</b>	<b>Wind Turbines</b> Dr John Baylis (Guest Speaker)

### ETT Digital Literacy and On-Line Security (“DLOLS”) Course

The fourth and final monthly tutorial for the DLOLS Course was completed on 9<sup>th</sup> July. The sessions, that were skilfully put together by Nigel Cornish and Rod Greygoose, were much appreciated by the attendees with the feedback received being mainly positive.

This ETT Initiative was very much a ‘Pilot Exercise’ and the next phase of the project is to evaluate what went well, what can be improved and what we should do next.

It is very evident that there is an urgent need for this type of course especially since new digital technology is constantly evolving and the consequent need to ensure that the skills needed to use such technology are readily available to all members.

**Nigel Cornish**



## COFFEE AND CHAT

We meet on Friday mornings at Da Luca in Marlow Bottom at 10.30 until 11.45.

**Dot Jaques 07767 703552**



## LUNCH GROUP

<b>Friday 23<sup>rd</sup> August</b>	<b>Britannia, Marlow</b> Ring Carole on 483903 to book	12.00 for 12.15	£3 for tip
<b>Saturday 21<sup>st</sup> September</b>	<b>Coriander Curry Restaurant, Bourne End</b> Ring Val on 524561 to book	12.00 for 12.15	£3 for tip

**Carole Thorpe**

## MOTO GROUP

This group is for members on their own who wish to meet others in a similar position. We meet for coffee and a chat at The Old Brewery Public House in the middle of Marlow High Street on the third Tuesday of every month at 10-30

**Tuesday 20<sup>th</sup> August**

**Tuesday 17<sup>th</sup> September**

**Tuesday 15<sup>th</sup> October**

If you would like to join us but do not wish to come alone, please call **Carole** on **483903**

**Carole Thorpe**



## POETRY GROUP

Our group has grown but our houses have not! We have a new venue. We are meeting in one of the rooms at the Methodist Church ... the ARK. We are looking forward to our new venue where we will meet once a month, and still enjoy our cuppa and cake from their cafe. We are currently reading and discussing self-chosen poets each month. Some we know, some not.

**Rosie Field**



## MUSIC APPRECIATION (MAG)

Our meetings are held on the third Thursday every month at Christ Church (URC), 18 Oxford Road, Marlow, SL7 2NL starting at 10.15am. The group is open to all members of Marlow u3a. The attendance fee is £3.00 (currently, cash payments only).

### May



Young violinist Alice Chadwick-Jones made a second visit. Again, she was accompanied by her mother Olivia Travers. So much talent and enthusiasm, their programme consisted of:

Tartini Sonata in G minor  
Schubert  
Sarasate  
Rachmaninoff

Didone Abbandonata  
Sonatina in D major op 137  
Zigeunerweisen  
Daisies, arr. Kreisler

This was followed by a talk given by John Lenehan on Berlioz's Symphonie Fantastique.

### June



A first for MAG, a clarinetist. Natalie Poon is only 14 and a student at Wycombe Abbey School and it was a new experience for Natalie. She played a programme of romantic English music:

Charles Villiers Stanford  
Gerald Finzi  
Paule Reade

3 Intermezzi  
Bagatelles (Prelude, Carol and Fughetta)  
Prelude and Summer from "The Kitchen Garden suite"

Like Alice, we hope this will be the first of many visits Natalie will make to MAG.

John then gave the first of three talks about George Gershwin his life and work with many examples from his early years.

### July

Another talented violinist, Cristian Grajner de Sal. We will remember Cristian's previous 2 visits and his very enthusiastic performances.

[mag@marlowu3a.co.uk](mailto:mag@marlowu3a.co.uk) [john@johnlenehan.co.uk](mailto:john@johnlenehan.co.uk)



## RUMMIKUB D

This group meets in The George and Dragon on the **first Wednesday of each month at 2:30pm**. Everyone is welcome – members who can already play and those who wish to learn.

### Meeting dates:

**Wednesday 7<sup>th</sup> August**

**Wednesday 4<sup>th</sup> September**

**Wednesday 2<sup>nd</sup> October**

**Niki Ralfs 473377**



## STROLLERS

**Jill Kemp 416998, Carole and John Battersby 474366**

All walks are 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month unless stated otherwise, which start at 11 am

Please wear suitable footwear for the ground conditions. The walk leader should be contacted the day before to confirm attendance. If you need a lift or have any transport needs, please contact the nominated walk leader.

**Wednesday 14<sup>th</sup> August Geoff and Christine 01494 881122** will take us on a walk following public footpaths through woods and fields from Lane End. Park at Lacey's Farm Shop HP14 3LP on the left outside the village. We will lunch afterwards at the Grouse and Ale Pub in the village

**Wednesday 28<sup>th</sup> August Carole and John 474366** will take us on a walk on the Culden Faw Estate at Aston. Meet and park at the Flower Pot, Aston Lane RG9 3DG where we will lunch afterwards. Leave the A404 from Marlow at the first exit after the Bisham roundabout, signposted A4130 to Hurley. At the roundabout take the third exit and 3.9 miles further on turn right into Aston Lane. The Flower Pot is at the end of the lane.

**Wednesday 11<sup>th</sup> September Judy 474031** will take us on a walk from Mill End Car Park RG9 6TL. Take the A4155 from Marlow past Borlase School, after about four and a half miles at Mill End turn right into Skirmet Road. After a short distance park in the car park on your left. Lunch venue to be advised later.

**Wednesday 25<sup>th</sup> September Jill 416998** will lead a walk on the Green Way from Cookham towards Maidenhead. Meet and park in the car park (narrow entrance) of the King's Arms SL6 9SJ in Cookham High Street where we will lunch afterwards.



## PUNOGRAPHY

I tried to catch some fog. I mist.

A soldier who survived mustard gas and pepper spray is now a seasoned veteran.

I know a chap who is addicted to brake fluid. He says he can stop anytime.

I stayed up all night to see where the sun went. Then it dawned on me.

This girl said she recognised me from the Vegetarian Club, but I'd never met herbivore.

I'm reading a book about anti-gravity. I can't put it down.

I did a theatrical performance about puns. It was a play on words.

What do you call a dinosaur with an extensive vocabulary? A thesaurus.

What does a clock do when it is hungry? It goes back four seconds.

Broken pencils are pointless.

They told me I had type A blood, but it was a type O.

How does Moses make his tea? Hebrews it.

# WALKING GROUPS SCHEDULE

Jane Statham 01494 881634 [jes@withurst.co.uk](mailto:jes@withurst.co.uk)

Summer has finally arrived and we are enjoying walks in the beautiful flower meadows and the sunshine. If you would like to join the walking group, please e-mail Jane Statham [jes@withurst.co.uk](mailto:jes@withurst.co.uk). Details of walks will be e-mailed to members of the walking group about 10 days in advance and only members can join the specific walk by contacting the walk leader by email. Please arrive 10 minutes before the start of the walk. The numbers of walkers are restricted for any one walk. No dogs please. These are the dates of the walks and leaders for the next few months.

## Wednesday Walks – Circular walks of around 5 miles

24 <sup>th</sup> July	Win and Chris
31 <sup>st</sup> July	Mike Basnett
7 <sup>th</sup> August	Ivan and Teresa
14 <sup>th</sup> August	Richard
21 <sup>st</sup> August	Lorraine and David
28 <sup>th</sup> August	Marieanne and Anne
4 <sup>th</sup> September	Isobel
11 <sup>th</sup> September	Tim and Jenny
18 <sup>th</sup> September	<b>Walkers Holiday</b>
25 <sup>th</sup> September	Jeff Short

## Long Loopers (Circular) and Long Leggers (from point to point) – Walks of between 8 and 10 miles

### LONG LOOPERS

5 <sup>th</sup> August	Liz
5 <sup>th</sup> September	Mike Basnett
5 <sup>th</sup> October	
5 <sup>th</sup> November	Jeff Short
5 <sup>th</sup> December	

### LONG LEGGERS

21 <sup>st</sup> July	TBC
21 <sup>st</sup> August	TBC
21 <sup>st</sup> September	TBC
21 <sup>st</sup> October	TBC
21 <sup>st</sup> November	TBC
21 <sup>st</sup> December	TBC



## A WORD OF WARNING .....

This greedy fellow has stolen two of my favourite fish and the frogs have disappeared in spite of having a net over the pond 😞. So, if you have a pond be wary.

Jennifer Gardner



## NEWSLETTER CONTRIBUTIONS

**THANKS!** Many thanks to all the people who have provided input to this Marlow Newsletter – without you our members would be looking at just a list of events or even just blank sheets. Your Committee and Editor work hard to make the newsletter both informative and interesting, but we can't do it alone. **We need your help!**

We will be even more grateful for contributions that come unprompted – i.e. ones that arrive without the originator being cajoled – or even bullied a little – into writing a few words for the newsletter.

**HOW DO I PROVIDE MY CONTRIBUTION?** In any way you like! Email it; scribble it down on a sheet of paper – whatever comes easiest to you. Ideally, Email to [newsletter@marlowu3a.co.uk](mailto:newsletter@marlowu3a.co.uk)

**OCTOBER AND NOVEMBER NEWSLETTER** The deadline for your contributions will be **2<sup>nd</sup> September 2024**. Please send your articles and photos to [newsletter@marlowu3a.co.uk](mailto:newsletter@marlowu3a.co.uk) by then. Thank you.

# PHOTOS TO ENJOY

## Walkers Walks



## Strollers Walks



Wild Garlic



Cowslips



Oxeye Daisies in Pinkneys Green



Wormsley Estate