MARLOW & DISTRICT U3A GROUPS AND CONTACTS LIST

October 2026

We are a long-established u3a consequently we have a number of groups that are full whilst some have waiting lists. As they are held in member's home the numbers are limited.

If you contact a group convenor and find the group is full, by all means leave your name and contact details so that you may be included if and when a vacancy occurs.

*However please do call a Convenors' Coordinator – **Helen Glover** or **Sue Irwin** and register your interest in the group. If a suitable number of people all register a similar interest Helen and Sue will work to see if a new group can be convened and will help through the first steps of setting up the new group.*

*Helen contacted by telephone on **484074**, Sue on **487292** or by email on **groups@marlowu3a.co.uk**.*

GROUP	MEETING DAY	CONVENOR
ART - PAINTING	Alternate Fridays 10.00am This is a group for artists of any ability in a variety of mediums.	Anne Barrie 639124 annebarrie22@talktalk.net
ART - WATERCOLOUR, FLACKWELL HEATH	Every Thursday 2.00pm to 4.00 Community Centre, Flackwell Heath	June Higley 07803 591112 jmhigley01@gmail.com
ART - WATERCOLOUR, MARLOW	Every Monday 2.00 to 4.30pm Thames Room, Liston Hall	Alison Rae 482520 alison@arr22.plus.com Pam Gresswell 525019 pam.gresswell@talktalk.net
ART APPRECIATION A	4th Wednesday 10.00am	Marilyn Short 481358 marilynshort2003@gmail.com
ART APPRECIATION B	2nd Tuesday afternoon	Di Currie 07547 941044 dcurriemd@gmail.com
AWAY DAYS	See newsletter	Sue Mayne 485275
BOOK GROUP A	1st Thursday 2.00pm	Di Basnett 482362
BOOK GROUP C	2nd Wednesday 2.00pm	Sue Shaw 07787 162111 sueshaw7780@gmail.com
BOOK GROUP D	2nd Monday 2.00pm	Mary Godfrey 07900 511943 mandg1972@gmail.com
BOOK GROUP E	4th Wednesday 2.00pm	Anne Jones 07793 850095 baj35@outlook.com
BOOK GROUP F	2nd Thursday 2.00pm	Marilyn Pearson 485337
BOWLS - TRAINING		Mags Shelley 472531 magsshelley024@gmail.com
BRIDGE AT LISTON HALL	Every Monday 1.30pm Garden Room, Liston Hall	John Pearson johnpearsonmarlow@gmail.com
BRIDGE AT THE URC	Every Monday 1.30pm United Reformed Church	Clive Sunshine 473418 clivesunshine@aol.com
BRIDGE ON FRIDAY	Every Friday 2.30pm Garden Room, Liston Hall	Helen Glover 484074 glover.marlow@yahoo.co.uk Isobel Hopewell 473381
BRIDGE ON TUESDAY	Every Tuesday 9.30am Garden Room, Liston Hall	David Griffiths 471816 griffo.david@yahoo.co.uk

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BRIDGE BEGINNERS	Every Thursday 10.00am – 1.00pm	Ann Savell savellsav@aol.com
CANASTA C	2nd Thursday 2.00pm	Niki Ralfs 473377 nikiralfs@gmail.com
CARD MAKING GROUP 1	1st & 3rd Thursday 2.00pm (irregular)	Pam Butler 485220 butler789@btinternet.com
CARD MAKING GROUP 2	2nd& 4th Thursday 10.00am	Val Pounds 483594 valjpounds@gmail.com
CHESS	Every Thursday pm (except 4th Thursday)	Roger Shipton 07770 393693
COFFEE AND CHAT	Every Friday 10.30am Da Luca, Marlow Bottom	Dot Jaques 07767 703552 dotjaques@gmail.com
DAYS OUT	See Newsletter	Bernadine Livings 07340 132007 Sue Mayne 07941 456178
DISCUSSION GROUP A	1st Monday 10.30am	Brian Feldon 07763 377305 brian.feldon@outlook.com
DISCUSSION GROUP B (HARD TALK WITH WINE)	1st Monday 7.30pm	Evan Parker 07919 836563 evan.parker@warwick.ac.uk
DISCUSSION GROUP C	2nd Wednesday 10.30am	David Horn 474014 hornssenior@gmail.com
DISCUSSION GROUP D	1st Wednesday 10.30am	Lynne Leighton Hare 07714 030003 lynnielo032@hotmail.com
ENGINEERING, TECHNOLOGY & TRANSPORT (ETT)	1st Tuesday 2.00pm The Ark See Newsletter	Alan Fitzgerald ett@marlowu3a.co.uk
FAMILY HISTORY GROUP	1st Thursday 10.00am Garden Room, Liston Hall	Adrian Spearman 485867 adrian.g.spearman@gmail.com
FRENCH CONVERSATION – ADVANCED	Every Monday 10.00am	Dominique Williams dominique.nevoux@outlook.com
FRENCH CONVERSATION GROUP	1st & 3rd Monday 2.30pm	Garth Thompson 483533 garth@gthompson44.plus.com
FRENCH CONVERSATION – INTERMEDIATE 2	1st & 3rd Wednesday at 10.00am	Sue Shaw 07787 162111 suesother2@icloud.com
FRENCH – IMPROVERS	Every Monday 10.00am	Val Griffith valeriemgriffith@gmail.com
GERMAN - ADVANCED CONVERSATION	2nd & 4th Monday 10.00am	Alan Crease 07460 878999 euscholastic@gmail.com
GERMAN READING A	middle Wednesday 10.00am Zoom	Alan Crease 07460 878999 euscholastic@gmail.com
GERMAN READING B	middle Thursday 4.00pm Zoom	Alan Crease 07460 878999 euscholastic@gmail.com
GUITAR	1st & 3rd Thursday at 2.00pm	Jeff Smith Jeffreysmith170@gmail.com
HAND AND FOOT GROUP C	1st & 3rd Tuesday 2.00pm	Brigitte Rechlin 482726 prechlin@aol.com
HAND AND FOOT GROUP D	Tuesdays 10.15am	Helen Glover 484074 glover.marlow@yahoo.co.uk
HAND AND FOOT GROUP E	1st & 3rd Friday am	bradburysuze@gmail.com
HOLIDAY GROUP	See Newsletter	Ann Mary Ware 07775 733871 annmaryware@gmail.com
ITALIAN - CONVERSATION	Every Tuesday 10.00am	Della Fitzgerald dellafitz1@gmail.com
ITALIAN LANGUAGE -INTERMEDIATE	Every Friday 10.00am	Ann Holden 440168 annmholden@yahoo.co.uk

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KNITTING AND CROCHET	2nd & 4th Wednesday 2.00pm	Jill Brownjohn 471397 jay.beejay@zen.co.uk
LATIN - ADVANCED	Every Wednesday 11.00am - 12 noon	Pauline Clitheroe 532239 paulinev@live.co.uk
LATIN - BEGINNERS	Most Wednesdays 10.00am Library	Alan Crease 07460 878999 acrease1@btinternet.com
LET'S TALK	Every Monday 11.00am - 12 noon Marlow Donkey	committee@marlowu3a.co.uk
MAH-JONG GROUP B	Every Wednesday 9.30am - 12 noon Everyman	Pam Dawes 440808 dawes691@gmail.com
MAH-JONG GROUP C	Every Thursday 9.30am - 12 noon The Ark	Steve Munslow 07766 334001 sfmunslow2020@gmail.com
MATHEMATICS GROUP	Every Tuesday 10.00am - 12 noon	Terry Bowman 07785 273525 terry@tbowman.co.uk
MONTHLY MEETING	4th Thursday 2.30pm Liston Hall	Barry and Jennifer Wilson 07866 776242
MOTO (MEMBERS ON THEIR OWN)	3rd Tuesday 10.30am The Old Brewery	Carole Thorpe 483903 cjthorpe1925@btinternet.com
MOTOR SCOOTER GROUP		Alan Crease 07460 878999 euscholastic@gmail.com
MUSIC APPRECIATION (MAG)	3rd Thursday 10.30am United Reformed Church See newsletter.	mag@marlowu3a.co.uk
PETANQUE	Every Friday 2.00pm Marlow Sports Club, Pound Lane	Roger Smith 07941 822894 rogerc.smith@btinternet.com
PHOTOGRAPHY	2nd Tuesday 2.00pm	Jon Perry jon_p_perry@hotmail.co.uk
PLAY READING GROUP	3rd Tuesday 10.00am Library	Moira Mason moira.pete@btinternet.com Jane Mann jane.mann17@btinternet.com
POETRY GROUP	3rd Wednesday 2.00pm	Rosie Field 471674 rosie@thamesinternet.com
RUMMIKUB GROUP B	3rd Wednesday 2.00pm	Niki Ralfs 473377 nikiralfs@gmail.com
RUMMIKUB GROUP C	1st Thursday 2.00pm	Niki Ralfs 473377 nikiralfs@gmail.com
RUMMIKUB GROUP D	1st Wednesday 2.30pm Marlow Donkey	Niki Ralfs 473377 nikiralfs@gmail.com
RUMMIKUB GROUP E	4th Monday 2.00pm Britannia	Sue Irwin 487292 revsueirwin@gmail.com
SCRABBLE GROUP	4th Wednesday 10.00am - 12 noon	Glynis Simons 07748 313035
SINGING FOR FUN	3rd Tuesday 2.30pm (usually)	Jackie Willis 482181 Sue Mayne 485275
SINGING FOR FUN2	2nd & 4th Tuesday 2.00pm Aldersgate Room	Jeff Smith Jeffreysmith170@gmail.com
SPANISH BEGINNERS	Every Wednesday 10.00am	Yvonne Abbott 07528 500164
SPANISH CONVERSATION	2nd & 4th Wednesday 10.00am	Patricia Hall 482069 Linda Roberts 07931 109855
SPANISH INTERMEDIATE	2nd & 4th Friday 10.00am Cote	Gaynor Swadling 07989 107326 Pat Fricker 07783 368031
STRETCH & CURL	Every Monday 2.30pm Lane End Community Centre Hall	Jenny Dixon 01494 881516 jedixon47@gmail.com

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WALKING GROUPS	**MONTHLY: LONG LOOPERS** walks are always on 5th of each month, mostly circular walks of about 10 miles. All welcome. See Newsletter for details	**Jane Statham** jes@withurst.co.uk
WALKING GROUPS - STROLLERS	**2nd & 4th Wednesdays 11.00am** **(except Dec. – Feb)** Details of walks are published in the Newsletter or by email update. They are of a more sedate nature, mainly on the level and in order of 3 miles or 1½. hours walking time. Nevertheless, strong footwear is still required	**Carole Battersby 474366** **Jill Kemp 416998** jillkemp@hotmail.co.uk
WALKING GROUPS	**WEEKLY WALKS** *are open to all, about 5 miles and cover a range of countryside and terrain.* See newsletter for details. If you wish to join, please notify the walk leader with your telephone number so you can be contacted in the event of last minute changes. Walks start at 10am unless stated otherwise. Please share cars to save on parking spaces and pollution.	***Overall co-ordinator*** **Jane Statham** jes@withurst.co.uk
WINE APPRECIATION GROUP A	**2nd Monday 7.30pm**	**Isobel Hopewell 473381** hopewellif@hotmail.com

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Then they will help through the first steps of setting up the new group.

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